# Interviews Do's & Don'ts

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#### Goals and Objectives

- Discuss best practices for conducting interviews
  - Set goals for interviewing
  - Adapt interviews to meet your identified goals
  - List areas of interviewing to avoid
  - Identify ways to prepare interviewers
- Identify several structured models of interviewing correlated with identifying successful applicants
- Discuss the role of bias in the interview process and potential methods for reducing bias



#### Road map

- Review challenges with current interviewing
  - Discuss how to improve interviews
- Break out session in small groups
- Return to large group and discuss mitigating bias
- Discuss methods to structure interviews and answer some quick polls

Q&A

#### Challenges with Current Interview Structures

Poor validity and reliability
Bias
Extensive applicant coaching
Expense

# Top 10 Factors Applicants Endorse-Before and After the Interview

- 1. Geography
- 2. Reputation
- 3. Fit
- 4. Resident quality
- 5. Academic factors
- 6. Training quality
- 7. Wellness
- 8. Faculty quality
- 9. Size
- 10. PD quality

- 1. Fit
- 2. Interview day
- 3. Geography
- 4. Resident quality
- 5. Reputation
- 6. Faculty quality
- 7. Morale
- 8. PD quality
- 9. Training quality
- 10. Wellness



# What Program Directors Rank

- 1. Interview
- 2. Interactions with residents
- 3. Feedback from current residents
- 4. Evidence of professionalism and ethics
- 5. Perceived commitment to specialty
- 6. Letters of reference
- 7. Grades on clerkship

#### How to Improve Interviews

#### Set goals

Structure interview methods to meet goals
Prepare your interviewers
Discuss violation topics
Divide the goals of each interviewer
Mitigate bias

# How to improve interviews: Set goals

Assess interpersonal skills, professionalism, communication skills, and ability to adapt in the moment

- Explore any questions from the written application
- Provide more decision-making data
- Inform candidates about your program and assessing if there are common goals

# How To Improve Interviews: Prepare Your Interviewers

#### Avoid violations

- Set goals for the interview/interviewers
- Blinding interviewers to scores (USMLE). Just personal statement and LORS. (Poll)
- Consider having interviewers take an unconscious bias online training (AAMC)
- Request that interviewers take notes and tell applicants that they will be
- Ensure that they have accurate info on the program or defer the question to the program director
- Limit and keep brief and broad any discussion about topics outside of medicine- sports, arts, and current events.

# How To Improve Interviews: Violation topics

Avoid the following topics (NRMP guidelines)

Marital status

- Religious or political affiliations
- National origin
- Disability

# How To Improve Interviews: Violation topics

- Avoid the following topics (NRMP guidelines)
  - Family planning
  - Other programs they interviewed at or potentially identifying information (i.e. Are you looking in the Southeast?)
  - Ranking preference
  - Demographics: Age, race, socioeconomic status, ethnicity, sexual orientation, gender identity
    - Family: lineage, ancestry, primary or native language, maiden name or family surname, relationships or people applicant lives with, family issues (parental status, age of dependents, plans for children)
    - Personal: Height and weight, physical and mental disabilities, physical appearance, personal activities that probe for personal affiliations
    - History: Military discharge, arrests, criminal convictions
    - Other programs or specialties, and ranking plans: Information about other programs or specialties to which they might be applying and/or how the applicant plans to rank your program

# How to Improve Interviews: Explore Specific Topics

- Understanding of systems-based practice from MS-3 rotations
- How they utilize practice-based learning
- Problem solving skills
- Critical thinking skills
- Interpersonal skills
- Match of applicant goals with your program



"I said at the interview I was honest and hardworking - I never said I was competent."

# How to Improve Interviews: Potential Interview Questions

- To assess priorities and practice-based learning-
  - "What has been your most valuable experience in medical school?"
- ► To assess self-insight-
  - "How would your friends describe you?"
- Professionalism-
  - "Have you or one of your colleagues experienced an ethical dilemma? How did you resolve it?



https://biginterview.com/top-residency-interview-questions/

#### **Break Out Session**

- You will be assigned to a break-out room with X other participants
- Share your favorite interview questions or topics
- Make up new questions
- You will have 7 minutes
- Write 1-2 favorite questions in the chat box when you get the 2 minute warning

#### Mitigating Bias: Be Aware of Rating Errors

- "Good fit"- is it bias or match of goals?
  - Dissect "what fits"-
    - Research interests
    - Patient population
    - Public health focus
- Halo and Horns
- Central tendency
- Doves and Hawks
- Contrast effects- compare to most recent applicant



# Mitigating Bias: Use Scoring Anchors

Anchors help to focus on facts, not opinions

- Map the areas you want to judge(teamwork, professionalism etc.) with concrete examples-
  - 1- Cannot describe a teamwork example
  - ▶ 3- Discusses a teamwork example
  - 5- Has demonstrated good teamwork as a leader or member
- Train interviewers on how to use the scales

# How to Improve Interviews: Structure Interview Methods

#### Behavioral event interviews- based on past occurrence

"Please describe a time when you observed a member of a medical team behave in a manner that was inconsistent with an established protocol. Explain what the situation was, what actions you took and the outcome."

Situational event interviews- based on hypothetical situations

"If you knew that a colleague gave false information on morning rounds, how would you handle it?"

Mini interviews- short, structured interviews designed to test non-cognitive skills

#### **Behavioral Event Interviews**

https://www.youtube.com/watch?v=uh196BSBILY

### Interviewing Styles:

#### Group/panel vs. One-on-one (poll)

- Who asks what questions? Divide up questions/topics prior to prevent repetitive questions/cover more areas.
- Review application and gather questions from there.
- In person vs. Video vs. Hybrid
  - Interview hoarding
  - Interviews outside of business hours
- ► Tour
- Meet & Greet (poll)

#### Virtual Interviews

- Convenient and inexpensive (for both programs and applicants)
- Best practice is to conduct yourself as you would in an in-person interview
- Beware of backgrounds, lighting, clothing, etc.
- Now programs and applicants have experience in doing so



### Summary

- Best practices for interviewing include-
  - Adapting interviews to match your program's goals
  - Preparing your interviewers
    - Avoiding violations
    - Dividing questions to ask
    - Bias mitigation training
  - Reducing bias by
    - Using scoring anchors
    - Pre-reviewing applicant packets without photos or identifiers
  - Use video interviewing effectively

#### References

AAMC Best Practices for Conducting Residency Program Interviews-2016 guide

- Johns Hopkins Medicine virtual interviewing
- AAMC seminar- "What You Don't Know: The Science of Unconscious Bias and What to Do About It
- AAMC- Nuts and Bolts of Video Interviewing and Virtual Interviews: Tips for Medical School Interviewers
- Association of Pediatric Program Directors Recruitment Action Team Resource Toolbox
- Univ. Of Mich, Health Lab Should Medical Residency Interviews Be Capped?

#### Q&A

If you have any questions or would like to reach out to us, please do so at:

- Elaine Donoghue <u>elaine.donoghue@ufl.edu</u>
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We will have "office hours" tomorrow from 9-10a if you have questions or want to discuss any of these topics.